MENIU 27.10-03.11.2026

ZIUA	DIMINEATA		GUSTARE ORA 10	PRANZ	GUSTARE ORA 16	SEARA
MARTI 27.10.2026	C	PAINE-250G TELEMEA-70G,MUSCHI FILE-70G,IAURT-1B		CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI FRIPTURA DE PUI-300G SALATA ASORTATA-100G	MINI CHEC-1B	GRIS CU LAPTE-250G,SALAM-70G,CEAI 200ML
	D	PAINE-250G TELEMEA-70G,IAURT-1B		CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI FRIPTURA DE PUI-300G SALATA ASORTATA-100G	MINI CHEC-1B	GRIS CU LAPTE-250G ,CEAI N.-200ML
	DZ	PAINE-150G MUSCHI FILE-70G,IAURT-1B	TELEMEA-70G	CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI FRIPTURA DE PUI-200G SALATA ASORTATA-100G	GREFA-200G	SALAM-70G,PATE-70G ,CEAI N.-200ML
	H	PAINE-250G TELEMEA-70G,IAURT-1B		CIORBA RADAUTEANA-400ML PILAF CU LEGUME SI FRIPTURA DE PUI-300G SALATA DE ROSII-100G	MINI CHEC-1B	GRIS CU LAPTE-250G ,CEAI N.-200ML
MIERCURI 28.10.2026	C	PAINE-250G MARGARINA-25G,GEM-45G-70G,SUNCA TOAST-70G,CEAI-200ML		SUPA CU TAITEI-400ML IAHNIE DE FASOLE-300G	EUGENIA-1B	PASTE CU CARNE DE PUI-300G,CEAI -200ML
	D	PAINE-250G UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML		SUPA CU TAITEI-400ML IAHNIE DE FASOLE-300G	EUGENIA-1B	PASTE CU CARNE DE PUI-300G,CEAI -200ML
	DZ	PAINE-150G UNT-20G,SUNCA TOAST-70G,CEAI N.-200ML	MAR-150G	SUPA CU TAITEI-400ML IAHNIE DE FASOLE-200G	IAURT-1B	PASTE CU CARNE DE PUI-200G , CEAI N.-200ML
	H	PAINE-250G UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML	MAR-200G	SUPA CU TAITEI-400ML SOTE DE FASOLE VERDE CU RASOL DE PUI-350G	EUGENIA-1B	PASTE CU CARNE DE PUI-300G ,CEAI -200ML

JOI 29.10.2026	C	PAINE-250G TELEMEA-70G,SALAM-70G,CEAI-200ML	BANANE-200G	CIORBA DE VITA-400ML GHIVECI DE LEGUME CU CARNE-250G	NAPOLITANE-45G	OREZ CU LAPTE-250G,MUSCHI FILE-70G,CEAI-200ML
	D	PAINE-250G OU FIERT-1B,TELEMEA-70G,IAURT-1B		CIORBA DE VITA-400ML GHIVECI DE LEGUME CU CARNE-250G	NAPOLITANE-45G	OREZ CU LAPTE-250G,CEAI-200ML
	DZ	PAINE-150G TELEMEA-70G,OU FIERT-1B,IAURT-1B	BISCUITI GULLON-1B	CIORBA DE VITA-400ML GHIVECI DE LEGUME CU CARNE-250G	MAR-150G	OREZ CU LAPTE N.-150G,CEAI N-200ML
	H	PAINE-250G OU FIERT-1B,TELEMEA-70G,IAURT-1B	MAR-200G	CIORBA DE VITA-400ML GHIVECI DE LEGUME CU CARNE-250G	NAPOLITANE-45G	OREZ CU LAPTE-250G,CEAI-200ML
VINERI 30.10.2026	C	PAINE-250G PATE VEGETAL-70G,SALAM-70G,CEAI-200ML		CIORBA DE FASOLE USCATA-400ML PASTE CU SOS-300G	EUGENIA-1B	SALATA ORIENTALA-300G,SUNCA TOAST-70G,CEAI-200ML
	D	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML		CIORBA DE FASOLE USCATA-400ML PASTE CU SOS-300G	EUGENIA-1B	SALATA ORIENTALA-300G ,CEAI -200ML
	DZ	PAINE-150G UNT-20G,BRANZA TARTINABILA-50G, CEAI N-200ML	GREFA-200G	CIORBA DE FASOLE USCATA-400ML PASTE CU SOS-150G	IAURT-1B	SUNCA TOAST-100G,TELEMEA-100G,CEAI N.-200ML
	H	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML	MAR-200G	SUPA DE ZARZAVAT-400ML PASTE CU SOS-300G	EUGENIA-1B	SALATA ORIENTALA-300G, CEAI -200ML

SAMBATA 31.10.2026	C	PAINE-250G PATE-70G,SALAM-70G, CEAI-200ML	BANANE-200G	SUPA CU TAITEI-400ML VARZA CU CARNE- 300G	BISCUITI-50G	OREZ BULGARESC-250G,BRANZA TOPITA-2B,CEAI-200ML
	D	PAINE-250G BRANZA TARTINABILA-50G, OU FIERT1B,CEAI-200ML	BANANE-200G	SUPA CU TAITEI-400ML VARZA CU CARNE- 300G	BISCUITI-50G	OREZ BULGARESC-250G,CEAI-200ML
	DZ	PAINE-150G PATE-70G,SALAM-70G, CEAI N.-200ML	MAR-150G	SUPA CU TAITEI-400ML VARZA CU CARNE- 300G	BRANZA TOPITA-2B	OREZ BULGARESC-150G,CEAI N.-200ML
	H	PAINE-250G BRANZA TARTINABILA-50G, OU FIERT1B,CEAI-200ML	BANANE-200G	SUPA CU TAITEI-400ML SOTE DE DOVLECEI CU RASOL DE PUI- 300G	BISCUITI-50G	OREZ BULGARESC-250G,CEAI-200ML
DUMINICA 01.11.2026	C	PAINE-250G UNT-25G,GEM-45G, SUNCA TOAST-70G ,CEAI-200ML	BANANE-200G	CIORBA DE PUI-400ML PIURE CU FRIPTURA DE PUI LA CUPTOR -300G	NAPOLITANE-45G	MUSCHI FILE-100G,TELEMEA-70G,OU FIERT-1B,LAPTE BATUT-300ML
	D	PAINE-250G UNT-25G,GEM-45G, BRANZA DE VACI-70G ,CEAI-200ML	BANANE-200G	CIORBA DE PUI-400ML PIURE CU FRIPTURA DE PUI -300G	NAPOLITANE-45G	TELEMEA-70G,OU FIERT-1B,LAPTE BATUT-300ML
	DZ	PAINE-150G UNT-25G, BRANZA DE VACI-70G ,CEAI N.-200ML	MAR-150G	CIORBA DE PUI-400ML PIURE CU FRIPTURA DE PUI -200G	OU FIERT-1B	MUSCHI FILE-100G,TELEMEA-70G,LAPTE BATUT-300ML
	H	PAINE-250G UNT-25G,GEM-45G, BRANZA DE VACI-70G ,CEAI-200ML	BANANE-200G	CIORBA DE PUI-400ML PIURE CU FRIPTURA DE PUI-300G	NAPOLITANE-45G	TELEMEA-70G,OU FIERT-1B,LAPTE BATUT-300ML

LUNI 02.11.2026	C	PAINE-250G CREMWURSTI DE PUI-60G,BRANZA TOPITA-60G,CEAI-200ML		CIORBA DE PORC-400ML CIULAMA DE PUI-300G	BISCUITI-50G	CARTOFI CU CASCAVAL-250G , CEAI-200ML
	D	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML		CIORBA DE PORC-400ML CIULAMA DE PUI-300G	BISCUITI-50G	CARTOFI CU BRANZA DE VACI-250G , CEAI-200ML
	DZ	PAINE-150G CREMWURSTI DE PUI-60G,BRANZA TOPITA-60G,CEAI N.-200ML	BISCUITI GULLON-1B	CIORBA DE PORC-400ML SOTE DE DOVLECEICU RASOL DE PUI-300G	MAR-150G	CARTOFI CU CASCAVAL-200G , CEAI-200ML
	H	PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML	MAR-200G	CIORBA DE LEGUME-400ML CIULAMA DE PUI-300G	BISCUITI-50G	CARTOFI CU BRANZA DE VACI-250G , CEAI-200ML

NOTA:ACEST MENIU POATE SUFERI MODIFICARI.

LEGENDA:C-COMUN,D-DESODAT,DZ-DIABET ZAHARAT,H-HEPATIC

INTOCMIT,AS. Ciungalan Elena

APROBAT, DIR. MEDICAL DR.Záharia Florin